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## Being Here: A Story That Needs to Be Told



**B**eing Here is a short film derived from a personal quarter-life crisis. Shortly after graduating from college, my life began spiraling out of control. I used alcohol and drugs to suppress how I was feeling, which drove me to have increasing emotional instability. With the help of my family and friends, I was sent to a rehabilitation facility where I received the

help I so desperately needed. My experiences in rehab were heavy, complicated, and exhausting, but, without it, I may not be here writing this today.

For the past three years, I haven't been able to get the story of *Being Here* out of my head. I'm the director, writer and producer of this project, and my film is unique because no one has yet to accurately portray what happens in a rehabilitation facility, especially from the perspective of a young woman in her 20s. The story of *Being Here* is my story—a story I feel needs to be told. So many people of all ages and demographics struggle with mental health and addiction, and I want this movie to be for them.

*Being Here* follows the life of Charlie, a young woman in her late 20s, as her three months in a drug and alcohol rehabilitation facility is coming to a close. Charlie resists moving on from rehab in fear of leaving her newfound safety net, but she is eventually propelled to leave when her best friend, Joy,



experiences a personal tragedy. Charlie confronts her painful past and creates a new beginning for herself.

We wrapped up filming at the end of March, and none of it would have been possible without the love and support from my hometown Vero Beach community. We created a highly successful crowdfunding campaign with the help of Vero Beach native, Chloe Rose. Her company, The Upswing by Chloe Rose, offers personal and creative full-service digital marketing and brand services to local growth-stage and established businesses in Vero Beach and beyond. Learn more at [TheUpswingByChloeRose.com](http://TheUpswingByChloeRose.com) or find her on Instagram @the.upswing.

The support I received from home was absolutely overwhelming and I'm so excited to have *Being Here* screened in Vero soon. I hope this is just the beginning of *Being Here*, as I will be using this short film to pitch a feature length version to production companies and investors in New York, Chicago and Los Angeles.

Learn more about *Being Here* on [Instagram](#) and [Twitter](#) @beingherefilm.